

Responding to Cyberbullying

Name: _____ Date: _____

LEARNING OBJECTIVE

Student will be able to identify examples of cyberbullying and practice appropriate, safe responses through role-play.

MATERIALS NEEDED

- Index cards
- pencil
- a family member or sibling to role-play with
- paper

HANDS-ON ACTIVITY

1. Write 4 different short scenario cards describing situations that could occur online (mix clear cyberbullying examples with some that are just disagreements/normal conflict, to practice telling the difference).
2. Sort your 4 cards into 'Cyberbullying' and 'Not Cyberbullying (but still needs a good response)' piles, and explain your reasoning for each out loud.
3. For each 'Cyberbullying' card, role-play with a family member: they read the scenario as if it's happening to you, and you practice responding using the 3 R's (Refuse to engage, Record/screenshot evidence, Report to a trusted adult or platform).
4. Write out your practiced response script for 2 of the scenarios on paper.
5. Create a short list of 3 trusted adults you could go to if you experienced cyberbullying in real life.

QUESTIONS

1. Give one example scenario you sorted as 'cyberbullying' and explain what made it cyberbullying rather than a normal disagreement.

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2. What are the '3 R's' you practiced for responding to cyberbullying?

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3. Write out one of your practiced response scripts here.
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4. Who are the 3 trusted adults on your list, and why did you choose them?
