

Weekly Practice Worksheet

7th Grade · Life Skills & Health · Week 19 (Quarter 3)

Conflict Resolution & Teamwork

This week's focus: Understanding conflict styles

Student Name: _____ Date: _____

Monday: Introducing Understanding conflict styles

Learning Objective

Students can explain why understanding conflict styles matters in daily life.

Practice

Guided discussion and note-taking on key strategies.

Check-In / Reflection

Exit ticket: one takeaway about understanding conflict styles.

Tuesday: Exploring Understanding conflict styles

Learning Objective

Students can identify strategies related to understanding conflict styles.

Practice

Groups share strategies with the class.

Check-In / Reflection

Teacher checks group notes.

Wednesday: Practicing Understanding conflict styles

Learning Objective

Students can practice a skill related to understanding conflict styles.

Practice

Peer feedback after role-play/activity.

Check-In / Reflection

Short reflection on what was practiced.

Thursday: Applying Understanding conflict styles

Learning Objective

Students can apply understanding conflict styles to a personal plan or example.

Practice

Partner share of personal plans.

Check-In / Reflection

Plan submitted for teacher feedback.

Friday: Reflect & Share: Understanding conflict styles

Learning Objective

Students can reflect on their learning about understanding conflict styles.

Practice

Volunteers share reflections with the class.

Check-In / Reflection

Completed reflection collected.
