

Hinduism & Buddhism

Name: _____ **Date:** _____

LEARNING OBJECTIVE

The student will explain key beliefs of Hinduism and Buddhism and create a visual timeline showing their development.

MATERIALS NEEDED

- A long strip of paper or 3 sheets of paper taped end to end
- Ruler
- Markers
- Index cards (6)

HANDS-ON ACTIVITY

1. Using your ruler, draw a timeline spanning from 1500 BCE to 500 BCE across your long paper strip.
2. Mark and label the approximate origin of Hinduism (~1500 BCE, Indus Valley) and the birth/enlightenment of Siddhartha Gautama (the Buddha, ~500s BCE) on your timeline.
3. On 3 index cards, write and illustrate 3 key Hindu concepts (examples: karma, dharma, reincarnation/samsara).
4. On 3 more index cards, write and illustrate 3 key Buddhist concepts (examples: the Four Noble Truths, the Eightfold Path, nirvana).
5. Tape or place your 6 index cards along the timeline near the religion each belongs to.

QUESTIONS

1. **Explain the concept of karma in your own words.**

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2. **Who founded Buddhism, and what event led him to begin teaching?**

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3. **How is Buddhism connected historically to Hinduism?**
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4. Name one goal that both Hindus and Buddhists share regarding the cycle of rebirth.
