

# Hands-On Practice: Healthy Bodies, Healthy Growth

Grade: 1-2 | Subject: Reading | Week 34: Healthy Bodies, Healthy Growth | Time: 25-30 minutes

## Learning Objective

Student will apply this week's skill (Building on kindergarten skills — Identifying main topic and details in a healthy-habits text) through a hands-on or written activity connected to Healthy Bodies, Healthy Growth.

## Materials Needed

A book or passage related to this week's theme, graphic organizer

## Practice Activity

Student completes one additional independent repetition and explains their reasoning.

## Student Work Space

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Parent/Teacher Sign-off: \_\_\_\_\_ Date: \_\_\_\_\_