

Introducing the Topic: Healthy Bodies, Healthy Growth

Grade: 3-5 | Subject: Science | Week 34: Healthy Bodies, Healthy Growth | Time: 25 minutes

Learning Objective

Student will be introduced to this week's focus skill (Extending toward independent mastery — Human body basics: how food, sleep, and exercise help us grow) through a warm-up activity tied to Healthy Bodies, Healthy Growth.

Materials Needed

Theme-related materials or pictures, observation journal, writing tools

Practice Activity

Student practices the new skill independently with a themed activity or worksheet.

Student Work Space

Parent/Teacher Sign-off: _____ Date: _____