

Hands-On Practice: Healthy Bodies, Healthy Growth

Grade: 1-2 | Subject: Science | Week 34: Healthy Bodies, Healthy Growth | Time: 25-30 minutes

Learning Objective

Student will apply this week's skill (Building on kindergarten skills — Human body basics: how food, sleep, and exercise help us grow) through a hands-on or written activity connected to Healthy Bodies, Healthy Growth.

Materials Needed

Theme-related materials or pictures, observation journal, writing tools

Practice Activity

Student completes one additional independent repetition and explains their reasoning.

Student Work Space

Parent/Teacher Sign-off: _____ Date: _____